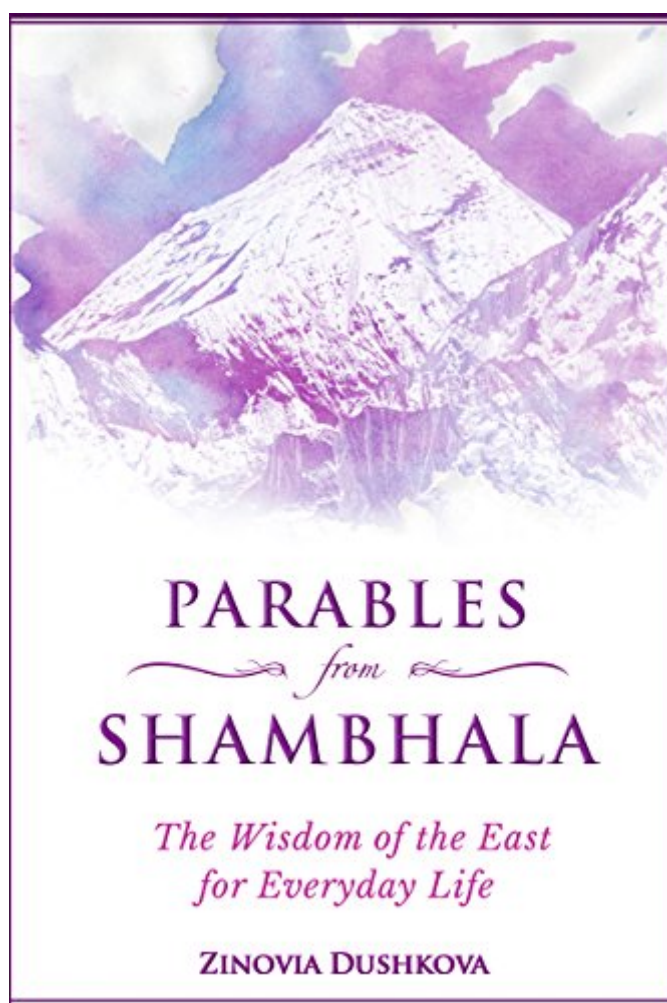


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# Parables From Shambhala: The Wisdom Of The East For Everyday Life



## Synopsis

How can you love your neighbors when there is so much evil around? What is more real: our world or the world of our dreams? How can you reconcile yourself with death? Have you ever thought about your shadow that always follows you? What is the origin story of Man and Woman? This inspirational little book will help you comprehend the greatest ancient truths of the East through twelve short and profound parables containing the universal Laws of Existence. These truths will be revealed to you through the juxtaposition of opposites: spirit and body, reality and illusion, good and evil, freedom and slavery, life and death, and so on. In this way, the spiritual lessons of this wonderful book will enable you to make the right decisions in your daily life and to respond with wisdom to the events happening around you. These parables were left as a heritage to humanity by the Mahatmas, the Great Souls of the East, and written down by Zinovia Dushkova, Ph.D., an award-winning author and researcher of ancient mysteries. During her trips across Tibet, India, Nepal, and Mongolia, she has stayed at numerous monasteries -- those open to the public as well as those hidden within high mountains and caves. She has been honored to communicate with representatives of different religions, elderly monks and hermits who have generously shared their secret knowledge with her. In 2004, one Himalayan Master of Wisdom narrated legends and tales originating from the mysterious kingdom of Shambhala. This experience inspired the author to write down the stories in this book of parables under the canopy of the gigantic deodar cedars on the summit of the Himalayas. Parables from Shambhala will be your loyal companion during your journey of self-improvement and spiritual growth, revealing its symbolism and depth as your consciousness expands. "I wasn't sure if I'd like it at first, but it ended up being a really fascinating read for me. The parables gave me a lot to think about." -- Ariestess, Goodreads

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Theosophy

## Customer Reviews

I love the genre of parables – the fount of wisdom is hidden within their small form. The parables of Dushkova's book are especially precious for me, because the great and mysterious Shambhala is behind them. They help us understand the universe and ourselves. I read and re-read this book. My heartfelt gratitude to the author.

Twelve parables of this little book reveal Great Mysteries to us through the juxtaposition of two opposite principles: Kings and Slaves, Life and Death, Good and Evil Times, Sorrow and Joy, Man and Woman... After reading this book I've come to the conclusion that everything is one and everything is necessary for the evolution of our spirit! Such thoughts are very unusual and they penetrate the depths of my soul. I think no one will remain the same after reading these profound parables, because they will find Light, Joy and Understanding.

A very nice read, especially if you have little time for long books. The essays are easily read in one sitting. Check out the one on Shadows in particular.

In an easy and accessible form, these parables reveal profound concepts of man's relationship with his Higher Self and with the world where his soul abides. Interaction between Spirit and Matter is showed through simple examples, which indeed revealed new facets of Truth to me, making me think about seemingly ordinary things. This book is for those who look for answers on questions such as: Who are you? Why did you come into this world? What are the Laws that rule it? And these Parables are not – fairy tales of good and evil – as it might seem at first sight,

but deep philosophical reflections, compelling us to look at our usual daily affairs in a new way and to discover the organization of Creation. Thanks to the author for the purity of her thought, for the beautiful style of exposition, and for the opportunity to see the mundanity surrounding us from a new angle.

“Parables from Shambhala” are like shells with precious pearls lying on coastal sand. The author has already raised them from the depths of the Ocean of Wisdom. Yet readers must apply their own efforts in order to get these pearls out of the shells, immensely enriching their inner world. This book is not for those who wish to read slick fiction, but for people who aspire to comprehend the true meaning of their life and life in general. Undoubtedly, “Parables from Shambhala” will provide answers on many vital questions, which you might have never asked yourself. I am grateful to the author of the book, Zinovia Dushkova, for this sincere and confidential conversation with the reader, for her faith in humanity and its beautiful future.

Parables from Shambhala are both simple and complex. Everyone will find a message for themselves, depending on where they are now in their life, and not only in this present lifetime but within the One Infinite Life, whose rungs are formed by our continuous reincarnations. Thus, some people, being alone and even in despair, will be able to revive hope in their souls thanks to these parables. Others, while rushing from one extreme to the other, will suddenly understand the importance of the unity of their opposites, calling their spirit and body for equal cooperation. And still others, being slaves to their desires, thoughts and emotions, will suddenly realize that it is important to release their spirits from slavery to their bodies and to make the spirit a king and lord over all their material, transient attachments, because the lower should never rule over the higher “it is, in fact, should always be vice versa. The parables will also offer wisdom for those people who are still afraid of death, who haven’t yet learned that death helps us live life after life, leading us up the rungs of our own perfection and evolution. Deep meaning is revealed to us about such ordinary things as the shadows we cast, Time, Sorrow and Joy. There are so many symbols, hints and even specific clarifications in the parables that you can suddenly find yourself and your entire life on the pages of this book. I have no idea how it was possible to put so much Love, Wisdom and so many Mysteries of the Universe in such short stories. Maybe because they aren’t told from the perspective of the intellect, but are given by the Supreme Being, who has a Great Heart?.. Great, yet simple Parables from Shambhala help us feel our belonging not only to this transitory Earth, but also to the Wise Space of Infinity, where from we all came. Perhaps, you, just like me, will be able even

to feel gentle and pleasant trembling in your heart, as if you’ve heard a warm parental voice, the same one you heard in a very early age, but have forgotten for the time being...

The parables roots in Eastern philosophies are implied at best--more a strange kind of charismatic Christianity with a dose of Zen (maybe). I am not expert in these things but I found them more depressing than illuminating.

Well, I really can't hate something which never downloaded. Tried several times, but no success. Maybe others have had better luck.

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